

# Lundbeck Symposium

## Focus on CNS Disorders 2012



### New perspectives in alcohol dependence and bipolar disorder

Saturday 14<sup>th</sup> April

9:30-9:45

**Lundbeck in CNS**  
Ulf Wiinberg, Denmark

9:45-10:30

**The global burden of CNS disorders**  
*Review of the burden of CNS disorders and the importance of taking action*  
Hans Ulrich Wittchen, Germany

**The diagnosis of mental disorders: categories and dimensions**  
*Review of the advantages and challenges in the current diagnostic and classification systems. Discussion of the new approaches to mental disorders diagnosis, including the work on progress for DSMV*  
TBC

10:30-11:00

Coffee break

11:00-12:30

**Session: Alcohol dependence and CNS disorders**

**Alcohol dependence - a public health challenge**  
*Increase awareness on alcohol problems. Alcohol use is prevalent and a burden to individual and society. Alcohol consumption as a risk factor for developing alcohol dependence, and increased morbidity when concomitant with other CNS disorders*  
Jurgen Rehm, Germany

**Dealing with alcohol problems in psychiatric patients**  
*Review of the current evidence on alcohol use in psychiatric patients (most common disorders, risk factor/ self medication, similarities and differences). Emphasize the need for screening and treatment.*  
Henri-Jean Aubin, France

12:30-13:30

Lunch

13:30-15:00

**Round Table discussion: Understanding and treating alcohol dependence**  
*Prevalence. Alcohol dependence is a treatable CNS disorder: latest knowledge on neurobiology, genetic and environmental factors. Rational for reduction as a treatment goal.*  
**Moderator: Simon Graham**  
**Panel: Jurgen Rehm (Germany), Henri-Jean Aubin (France), Antoni Gual (Spain)**

# Lundbeck Symposium

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## New perspectives in alcohol dependence and bipolar disorder

Sunday 15<sup>th</sup> April

9:30-9:45

### Lundbeck research projects

*Lundbeck pipeline and new projects*

**Karin Jexner Hamberg, Denmark**

9:45-11:45

### Session: Bipolar disorder, a changing paradigm?

**Chair: Allan Young, UK**

#### **Bipolar disorder, a multisystemic disorder**

*Review of the evidence of multisystem involvement in bipolar disorder and the new diagnostic approaches for this disease*

**Andrea Fagiolini, Italy**

#### **Towards individualised treatments in bipolar disorder**

*Review of the relevance of multifunctional pharmacology in the treatment of bipolar disorder*

**Steven Potkin, US**

#### **Improving patient outcomes in bipolar I disorder**

*Review of the efficacy results of asenapine in BPI and its role in achieving long term remission*

**Allan Young, UK**

11:45-12:15

Coffee break

12:15-13:00

### **The role of multifunctional drugs in the treatment of psychiatric disease**

*The speaker will review the paradigm shift in drug classification, moving towards an emphasis on every relevant pharmacologic mechanism linked to a therapeutic action*

**TBA**

13:00

**Lunch & Departures**